

An investment in Life. Classically Balanced.



Your Well-Deserved Investment...

- Unlimited professionally-led wellness classes
- Mirbeau Balanced virtual wellness program
- State-of-the-art fitness center with Peloton Bikes
- Access to Spa Mirbeau
- Receive 15% off all purchases at all Mirbeau locations (excluding alcohol & holiday events)
- Receive 15% off overnight rates at any of our Mirbeau Inn & Spa locations (restrictions may apply)
- Receive 15% off health and wellness services
- Member Events
- Preferred Reservations
- Up to 10 day visits at any of our Spa Mirbeau locations
- Annual members receive : 6 day passes per year for you to bring a guest

ESTATE WELLNESS MEMBERSHIP

INDIVIDUAL

1 annual payment
\$1,855

or

12 monthly payments
\$165

COUPLES

1 annual payment
\$3,260

or

12 monthly payments
\$280

All memberships are 12 month contracts.

Membership inquiries may be submitted to our Membership Supervisor, rbmembership@mirbeau.com or 845-516-7338.

Health & Wellness

PRIVATE WELLNESS SESSIONS

Meet with one of our certified Personal Trainers or Instructors who will design a safe and effective program to meet your health and fitness goals. Sessions are 60 minutes. Specialties provided by our instructors include: Personal Training, Yoga Therapy, Reiki, Sound Bath, Meditation, Qigong & Tai Chi, Breathwalk, Pilates, Barre, Zumba, and Mind Body Practice.

Private Session | \$80 Package of 4 | \$300

Semi-Private Session • 2 participants | \$110

Package of 4 • 2 participants | \$400

Please contact our Fitness Coordinator for a quote and scheduling at ddugan@mirbeau.com

PRIVATE GROUP WELLNESS WORKSHOP

Offer your group or team an outlet for daily stress relief through exercise with this customized 60-minute private class tailored to your specific needs & goals. See specialties above or make a special request!

We also offer Corporate Wellness Team Building.

Rates starting at \$120. Please contact us for a quote and scheduling.

MIRBEAU BALANCED VIRTUAL MEMBERSHIP

A personal virtual wellness membership delivered to you by the professional wellness teams of Mirbeau Inn & Spa featuring unlimited access to over 80 live-stream classes, on-demand video library plus monthly events. Visit www.mirbeaubalanced.com to learn more.

\$39/month

Wellness offerings are available to book for any spa guest.
Members receive a discounted rate.

